Proper diagnosis is first step to effective treatment.

The SFMA Level 1 course teaches our movement based diagnostic system and provides healthcare professionals with an efficient and systematic tool to reach a comprehensive movement diagnosis for patients presenting with pain. This tool allows clinicians to systematically find the cause of pain – not just the source – by logically breaking down dysfunctional movement patterns in a structured, repeatable assessment. The SFMA allows us to identify the correct problems – mobility versus motor control – to best equip clinicians for a successful outcome.

WHAT YOU WILL LEARN
• Efficient, repeatable diagnostic system
• Concept of Regional Interdependence
• How altered motor control can contribute to dysfunction
• Describe how each portion of the Functional Movement System fits together
• Understand the progression of motor control interventions through neurodevelopmental postures.

Dysfunctional motor control is a brain problem, not a muscle problem.

The SFMA Level 2 course teaches healthcare professionals to train the brain rather than muscles when dealing with a motor control dysfunction. This course emphasizes our 3 R’s approach - Reset, Reinforce and Reloading- to restore proper movement. With your SFMA findings, you can prioritize where to start your treatment plan and what the interventions is. There are many great mobility techniques available – SFMA Level 2 addresses the third “R”, Reloading.

WHAT YOU WILL LEARN
• The concepts of Reset, Reinforce, and Reload and where to integrate them into patient care
• Effectiveness of mobility interventions by retesting movement
• Motor control learning principles
• Concept of pattern assistance and its purpose in motor control learning
• Progression of motor control interventions through neurodevelopmental postures

INSTRUCTOR
Greg Dea

WHEN & WHERE
May 26-29, 2020
Guangzhou, China

For more information or to register, please contact Andy:
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